



MOUNTAIN HOME CITY YOUTH COUNCIL

Meeting Minutes

11/17/2023

Roll call: Council President Alex Harwood, Council Vice-president Liam Peterson, Council Secretary Jacob Jamieson, Councilmember Johnny Harwood, Councilmember Tanner Sayer, Councilmember Dianna Beeman.

Ryder Buell & Sophia Postelnick have decided to leave the council.

Recent city council meeting:

- Mayor has mentioned that there have been 80 suicide attempts and 6 confirmed deaths in Mountain Home. (no mentioned "from year").
- Dianna volunteers to take notes for next City council Meeting.

(Juicy gossip about the mayor election).

Recruit update:

- Still need members from Richard Mckenna Montessori, Homeschool, and Bennett

Committee updates

- Recreation: Liam will help plan Christmas party & MHCYC will plan to host a Teen New Year's Party for next year
- Community Leadership: Position still vacant
- Social Media/Promotional: Will work to add followers on social media.
- Outreach: Will reach out to the Shop with a Cop committee in advance to offer our support or at least mention the MHCYC wants to support next year.

Visit from the Elmore County Health Coalition representative:

- Vicky Jekich
- The coalition is a group of volunteers from several different places in Elmore County.
- Their focus is on nicotine & illegal substance abuse, mental health, and nutrition/food security (availability).
- Would like to have a representative (in the future) from the MHCYC to attend a coalition meeting.

- Recommended Officer Ty Larson as a great contact at the police department and he is also on the health coalition.
- The “You are more” campaign created by Ava Johnson (junior at the Mtn. Home High School), started to help remind youth they are more than one thing (sports, test scores, etc.).
- The Yellow Benches Campaign started by HOSA students in 2017 in Mountain Home in response to a suicide by a high school student. 10 benches were installed in 6 different locations.
- Would like the MHCYC to promote local resources on our social media including 988 suicide hotline number, the Idaho Resilience Project, and Brink House
- Tip: create a playlist to meet you where you are and get you to where you want to be. (7-8 songs with the 1st song being high energy and the last song calm)
- The Youth Council suggested more support to deal with grief and a program that partners random teens together to help people get to know different people in our community that they may not traditionally be drawn to. The Youth Council also mentioned the mental health walk and beads campaign hosted by HOSA at the Mtn. Home High School.